

# **Healthy Living @ EPL**

Public libraries host adult fitness classes to promote community health and wellness. These classes provide accessible fitness opportunities for individuals who may not have access to gyms or other exercise facilities. By offering a variety of programs, libraries can attract a diverse group of patrons, fostering a sense of community and encouraging regular library use. Additionally, fitness classes support the library's mission to offer educational and enrichment activities to the public.

#### S.A.I.L.

Wednesdays and Fridays at noon Staying Active and Independent for Life (SAIL) is a fitness program. Each class includes warm-up, cardio, balance, strengthening, and stretching exercises. No class on 8/16.

## Yoga for Strength & Balance

Mondays at 5:00 PM

Join us for yoga sessions at the library. This inclusive routine is suitable for seniors and all age groups.







Enid Public Library 120 W. MAINE ENID OK 73701 580-234-6313

enid.okpls.org

f enidpubliclibrary

o enidpubliclibrary



MON-THU: 8:30-7:00

FRI: 8:30-6:00 SAT: 8:30-5:00 SUN: CLOSED

Open at 12:00 on 8/16



# **Books & Authors**

## **Book Club News**

Books are available for check out on the first floor.

## Banned/Challenged Book Club

8/6, 5:00 pm

Nineteen Minutes by Jodi Picoult. Sterling is an ordinary New Hampshire town where nothing every happens-until the day its complacency is shattered by a school shooting.

## **Romance Book Club**

8/19, 5:30 PM

The Seven Year Slip by Ashley Poston.

## Sci-Fi/Fantasy Book Club

8/20, 5:30 PM

The Barbarian and the Bookshop by Morgan Stang. Together, the odd couple must make a success out of the bookshop-and survive a dizzying procession of seasonal festivals.

## **Mystery Book Club**

8/27, 5:00 PM

The Family Upstairs by Lisa Jewell. A woman inherits a mansion on the banks of the Thames in London's fashionable Chelsea neighborhood, worth millions, and learns about her birth parents and the dark secrets of the house's past.

## Virtual Author Talks: Library Speakers Consortium

## **Tessa Bailey**

8/15, 6:00 PM

Spice, Spirit, and Swoon—A
Guaranteed Happily Ever After. #1
New York Times bestselling author
Tessa Bailey talks about the launch of
her new super hot sports romance
duology with a rom-com about a bad
boy professional athlete who falls for
his biggest fan in her new book Fangirl
Down. This is a recorded virtual event.



Shelby Van Pelt 8/21, 6:00 PM



We invite you to join us as we chat with the amazing New York Times bestselling author Shelby Van Pelt about her beloved novel *Remarkably Bright Creatures*. You don't want to miss this deep-dive exploration of friendship, reckoning, hope, and so much more! This is a live virtual event.



# **Library Advocacy**

## **Library Board**

The Library Board reviews, develops, and adopts library policies that affect patrons, public service, and the availability of services for residents throughout Garfield County.

The Library Board consists of seven members. Six members must reside within Enid city limits and are appointed by the Mayor and the City Commissioners. One member is nominated by the Garfield County Commissioners, appointed by the Mayor and the City Commissioners, and must be a resident of Garfield County but not of Enid.

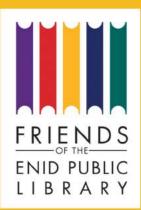
**Current Membership** 

Steven.Rutledge@enid.org	Vice President	2024-2027
Brooke.Anderson@enid.org	Secretary	2024-2027
Joseph.Fletcher@enid.org		2024-2027
Marsha.Scott@enid.org	President	2023-2026
Linda.Moore@enid.org		2023-2026
Trudi.Bandy@enid.org		2022-2025
vacant		2022-2025

To contact the board as a whole, email <u>LibraryBoard@enid.org</u>. Meetings are held on the second Monday of every other month at 12 p.m. in the Great Plains Room on the library's second floor. The library is located at 120 West Maine, Enid, Oklahoma 73701. The next scheduled meeting will be held on 9/9/2024. Meetings are live-streamed on the library's Facebook page at <a href="https://www.facebook.com/enidpubliclibrary">www.facebook.com/enidpubliclibrary</a>.

Past meeting agendas and minutes are available through the city of Enid using the Enid Civic website. Agendas for an upcoming meeting will be posted at least 24 hours in advance of the scheduled meeting.

View minutes and agendas here.



# **Library Advocacy**

Friends of the Library

Friends of the Library of Enid, OK, is a registered non-profit group dedicated to supporting the public library in Enid through fundraising and advocacy. Join the Friends of the Library for a monthly board meeting in the Heritage Room on August 12 at 6:00 PM. Learn more about friends on the library's website: https://enid.okpls.org/friends/.





# Creating

Public libraries host craft events for adults for a variety of reasons, including:

- Community Engagement: These events help bring the community together, providing a space for social interaction and community building.
- Lifelong Learning: Craft events offer opportunities for adults to learn new skills or improve existing ones, fostering lifelong learning and personal growth.
- Mental Health Benefits: Engaging in creative activities can reduce stress, promote relaxation, and improve overall mental well-being.
- Creative Expression: They provide a creative outlet for adults to express themselves and explore their artistic interests.
- Library Utilization: These events encourage more people to visit and utilize the library, increasing awareness of other resources and services the library offers.
- Inclusivity: Craft events are often designed to be inclusive and accessible to people of all skill levels, promoting diversity and inclusion within the community.
- Skill Sharing: They provide a platform for individuals to share their talents and skills with others, fostering a sense of sharing and collaboration.
- Cultural Enrichment: Many craft events incorporate cultural themes and traditions, enriching participants' understanding and appreciation of different cultures.

Overall, craft events for adults at public libraries contribute to the library's role as a community hub, supporting education, creativity, and well-being.

# **Bad Art Day Contest**

Saturday, 8/24 from 12:00-4:00 PM How bad is your art?

Come find out at the Enid Public Library's Bad Art Contest! This annual extreme amateur art showdown gives you 4 hours to unleash your inner anti-artist and create the worst piece of art imaginable. Leave your talent at the door and bring your wildest bad art ideas.

What's in it for you? The "worst" place winner gets to take home a trophy so hideous, it might just end up in its own bad art contest someday. We have everything you need to make your art extra awful.

Snacks and beverages will be provided to keep our budding Michelangel-nos going strong. Remember, bad art isn't just about looking hideous. It's about combining poor design with weak execution to create something truly dull. So, let's get creative...ly bad! Join us for a hilariously terrible time and prove that just because it's hideous doesn't mean it's bad. Judging will be at 4:00 PM. See you there!

#### Sit & Stitch

Fridays from 3:00-5:00 PM Need to unwind on Friday afternoons? Bring a project to work on in the company of others.

#### Learn to Knit or Crochet

8/10 from 10:00-12:00 All ages and skill levels are welcome.